

Class - VI

Science

Ch- 2 , Components of food

HOTS questions

1. Why we have to eat lot of fibre in our food ?
2. How will you test Vitamin - C and Sugar in a food item ?
3. What are the major nutrients needed for the growth of our body ?
4. What are the food rich in proteins called as ?
5. What happens when we eat a lot of fried food ?
